

ANGRY?

If you or your child experience anger management problems, you are not alone!

This is the #1 Topic parents ask us to present.

We had so much interest, we are hosting again!

February 22, 2010 - 6:00-8:30 pm

Castle Heights Upper Elementary Cafeteria

Helpful Tips and Question and Answer Session
from local Mental Healthcare Providers, including:

Kendall Bryan, Cumberland Mental Health, Grosch Counseling Center,
Hendrick Counseling Services, LifeCare Family Services,
Jason Link and Righteous Oaks Counseling
Local Pediatrician, Dr. Andrew Jordan,
will provide advice on when to seek Mental Health Care.

DVD with Scenarios of Anger Management Techniques

FREE Book for Parents "Angry Children, Worried Parents"

Many Handouts, including topics on Temper Tantrums and Adult Anger

FREE Workshop, Materials, Refreshments and Childcare

Sponsored by Lebanon Special School District

and Wilson County School System

Workshop Limited to 100 spaces, so call early!

RSVP to Beth Petty at 453-2693, 804-2460 or pettyb@k12tn.net

For more parenting opportunities, see the other side of this flyer!